

The following article is from the January-March, 2007 National Fast Dance Association Newsletter.

I Want To Dance

What does it take to get the men to ask me to dance?

This is the question that many of our ladies want to know.

Well, let's start with what kind of image we project:

- Do we sit at the back of a table where we are not noticed, or do we stand close to the dance floor and give off the body language that says, "I want to dance"?
- Are we smiling or frowning or looking disinterested?
- Do we make the first move or do we wait for a man to ask us to dance?

Club Savoy has the policy that every dance is a ladies choice. (Club Savoy, in Jacksonville, Florida, is the home of the National Boppers Hall of Fame. The woman who wrote this article is very active with Club Savoy). Forget what your mother taught you about waiting for the man to make his move! This is the 21st century! Things are different now!

It is perfectly all right for us to ask the men to dance, so let's get up and just "do it!" This may be hard to believe, but some of the guys are shy and have a problem asking someone they don't know to dance, and they are flattered when asked to dance just like we are!

Why do some the gals dance more than others?

Could it be because they do the asking even when the guy isn't one of the best dancers? Being friendly and laughing makes the dance more fun, and it only lasts for a few minutes. And, if they have fun dancing with you, they will come back and return the invitation.

So, how about the better dancers? You are new and not yet really confident with yourself. What should you do?

Well, I don't know any of the guys who would not dance with you when asked! Most of these guys have certain music that they really get into and they usually dance with their partner or another good dancer to these songs. But there are a lot of other good songs that they would be willing to dance to with you. If you hear a song that you really like, just find a guy who is either sitting or standing around, grab him and take him to the dance floor. You don't really even have to say anything! Just go up to him and extend your arm to him, and, perhaps, nod towards the dance floor. This is a lead-follow dance, and an extended arm is the lead for asking someone to dance.

Suppose the man turns me down? In a dance club atmosphere the general rule is to dance with the person who asks, but there are legitimate reasons for a person to beg off for that dance. They could have just danced and are tired, or they had promised that dance to someone else, or nature is calling or any number of reasons. So if this happens to you, don't take it personally. Remember, you turn down guys for the same reasons.

So girls, it's not who's the best dancer, the youngest, or best looking! It's all about having the attitude that we are here to have fun!

In a nutshell...ladies, don't sit around waiting to be asked to dance - take the lead and ask guys to dance! After all, you didn't come to sit!