

# Dance Class Etiquette, The 10 Golden Rules

By simply following these 'ten golden rules', everyone will have a great time and get the maximum benefit from their dance class or workshop.

1. **Show respect for your teacher.** In Eastern disciplines such as martial arts and yoga, the teacher is revered, worshipped and given great loyalty and respect.
2. **Be on time.** There is no excuse for being late. It disrupts other students and the teacher when someone arrives ten minutes late. You forego essential warm up stretches
3. **Be considerate of students around you.** People learn at different rates and in different ways. Be patient with others who may not grasp the movement as quickly as you do.
4. **Wear suitable attire.** Avoid wearing too much jewelry, coins or costume accessories to dance class. Beginning students tend to do this a lot, because it is a fun opportunity to dress in costume.
5. **Keep talking and giggling to a minimum.** This is probably my most flexible rule. Part of the fun of dance class is the giggling and laughing which often occurs. I tend to encourage laughter during my weekly classes. After all, feeling good is one of the benefits of the dance. However, when I attend a workshop, I try to keep talking and giggling in check. Avoid talking to other students during class. Keep your attention focused on the workshop teacher.
6. **Avoid being a know it all.** Yes, you have had another teacher somewhere who called that movement "The Washing Machine." Your old teacher was the authority on the subject and now you are.
7. **Take notes when sitting out of active participation.** If for some reason, you absolutely can not continue the class -- you are too tired, too hungry, cramps, etc. -- by no means, leave. When students walk out the door, it shows a lack of respect for the teacher.
8. **Let the teacher teach.** If you are a teacher, under no circumstances should you voice an opinion in another teacher's class, unless you are asked to do so. I know it is hard to resist helping the floundering girl next to you, but it is not your place. Let the teacher do the teaching. Button your lip. !
9. **Keep an open mind and please do not complain.** Be open to new ideas and possibilities. Try to focus on how your new teacher can expand your dance repertoire. Do not compare her to other teachers.
10. **Watch the teacher's performance or demonstration.** If the teacher is kind enough to perform or demonstrate for the class, watch in silence.

By giving teacher's the respect they deserve - you get something back - your money's worth